

seetaa kavacha stotram

shree raamadaasa uvaacha

shruNu shishya pravakshyaami seetaayaah kavacham shubham |
puraa proktam suteekshNaaya prucChate kumbhajanmanaa ||

ekadaa kumbhajanmaana suteekshNah praaha vai munih |
rahah sthitam guru drushTvaa praNamya bhaktipoorvakam ||

suteekshNa uvaacha

guro aham shrotumicChaami seetaayaah preetidaani hi |
yaani stotraaNi karmaaNi taani tvam vaktumarhasi ||

agastiruvaacha

samyak prushTam tvayaa vatsa saavadhaanamanaah shruNu |
aadou vakshyaamyaha ramyam seetaayaah kavacham shubham ||

yaa seetaa avanisabhavaa atha mithilaapaalena samvaddhitaa padmaakshaNrupateh
sutaalalagataa yaa maatulungodbhavaa |
yaa ratne layamaagataa jalanidhou yaa vedapaara gataa ala yaa saa mrugalochanaa
shashimukhee maam paatu raamapriyaa ||

asya shree seetaa kavacha stotra mantrasya
agastirushih shree seetaa devataa anushTup Chandah
raameti beejam janakajeti shaktih avanijeti keelakam padmaakshasutetyastram
maatulungeeti kavacham moolakaasura ghaatineeti mantrah |
shree seetaaraamachandra preetyartham sakalakaamanaa siddhyartham jape
viniyogah ||

atha amgulinyaasah -

om haam seetaayai amgushThaabhyaam namah
om heem raamaayai tarjaneebhyaam namah
om hoom janakajaayai madhyamaabhyaam namah
om haim avanijaayai anaamikaabhyaam namah
om haum padmaakshasutaayai kanishThikaabhyaam namah
om hah maatulungyai karatalakaraprushThaabhyaam namah
evam hrudayaadyamganyaasah kaaryah ||

atha dhyaanam

seetaam kamalapatraaksheem vidyutpunja samaprabhaam |
dvibhujam sukumaaraangeem peetakousheyavaasineem ||

simhaasane raamachandravaamabhaagasthitaam varaam |
naanaalankaarasamyuktaam kuNDaladvayadhaariNeem ||

chooDaakamkaNakeyoorarashanaanoo pooraanvitaam |
seemate ravichandraabhyaam niTile tilakena cha ||

mayooraabharaNenaapi ghraaNe atishobhitaam shubhaam |
haridraam kajjalam divya kumkumam kusumaani cha ||

bibhrateem surabhidravyam sugandhasnehamuttamam |
smitaananaam gouravarNaam mamdaarakusumam kare ||

bibhranteemapare haste maatulungamanuttamam |
ramyahaasaam cha bimboshTheem chandravaahanalochanaam ||

kalaanaathasamaanaasyaam kalakaNThamanoramaam |
maatulungodbhavaam deveem padmaakshaduhitaam shubhaam ||

maithileem raamadayaataam daaseebhih pariveejitaam |
eva dhyaatvaa janakajaam hemakumbhapayodharaam ||

seetaayaah kavacha divyam paThaneeyam shubhaavaham ||

shreeseetaa poorvatah paatu dakshiNe avatu jaanakee |
prateechyaam paatu vaidehee paatoodeechaam cha maithilee || 1 ||

adhah paatu maatulungee oordhva padmaakshajaa avatu |
madhye avanisutaa paatu sarvatah paatu maam ramaa || 2 ||

smitaananaa shirah paatu paatu bhaalam nrupaatmajaa |
padmaa avatu bhruvormadhye mrugaakshee nayane avatu || 3 ||

kapole karNamoole cha paatu shreeraama vallabhaa |
naasaagram saattvikee paatu paatu vaktram tu raajatee || 4 ||

taamasee paatu madvaaNeem paatu jivhaam pativrataa |
dantaan paatu mahaamaayaa chibukam kanakaprabhaa || 5 ||

paatu kanTham saumyaroopaa skandhou paatu suraarchitaa |
bhujou paatu varaarohaa karou kankaNamaNDitaa || 6 ||

nakhaan raktanakhaa paatu kukshou paatu laghoodaraa |
vakshah paatu raamapatnee paarshve raavaNamohinee || 7 ||

prushThadeshe vahniguptaa avatu maam sarvadaiva hi |
divyapradaa paatu naabhim kaTim raakshasamohinee || 8 ||

guhyam paatu ratnaguptaa lingam paatu haripriyaa |
ooru rakshatu rambhoroorjaanunee priyabhaashiNee || 9 ||

janghe paatu sadaa subhroorgulphou chaamaraveejitaa |
paadou lavasutaa paatu paatvangaani kushaambikaa || 10 ||

paadaanguLeeh sadaa paatu mama noopuranihsvanaa |
romaaNyavatu me nityam peetakousheyavaasinee || 11 ||

raatrou paatu kaalaroopaa dine daanaikatatparaa |
sarvakaaleshu maam paatu moolakaasugghaaninee || 12 ||

evam suteekshNa seetaayaah kavacham te mayeritam |
idah praatah samutthaaya snaatvaa nityam paThettu yah || 13 ||

jaanakeem poojayitvaa cha sarvaan kaamaanavaapnuyaat |
dhanaarthee praapnuyaaddravyam putraarthee putramaapnuyaat || 14 ||

streekaamaarthee shubhaam naareem sukhaarthee soukhyamaapnuyaat |
ashTavaaram japaneeyam seetaayaah kavacha sadaa || 15 ||

ashTabhyo vipravaryebhyo narah preetyaa arpayetsadaa |
phalapushpaadikaadeeni yaani taani pruthak pruthak || 16 ||

seetaayaah kavacham chedam puNyam paatakanaashanam |
ye paThati naraa bhaktyaa te dhanyaa maanavaa bhuvi || 17 ||

paThanti raamakavacham seetaayaah kavacham vinaa |
tathaa vinaa lakshmaNasya kavachena vruthaa smrutam || 18 ||

tasmaatsadaa narairjaapyam kavachaanaam chatushTayam |
aadou tu vaayuputrasya lakshmaNasya tatah param || 19 ||

tatah paTheccha seetaayaah shreeraamasya tatah param |
evam sadaa japaneeya kavachaanaam chatushTayam || 20 ||

|| iti shree ananda raamaayaNe manoharakaanDe shree seetaakavacha stotram
sampoorNam ||